



April - May 2019



Don't miss info on the 2019 TCA Convention inside!

THE JOEY JOURNAL

Published Bi-monthly for Members of

The Texas Clown Association, Inc.

Greg "Zoots" Stanford, Editor

Letters to the Editor, articles and other related items should be emailed to greg@joeyjournal.com or addressed to The Joey Journal and mailed to 5407 Hooper Dr., Wichita Falls, TX 76306. Only letters addressed to the Editor which are signed will be considered for publication. Submissions accompanied by a stamped envelope with return address will be returned after publication. Submitted photographs may be black and white or color prints, please no slides, or copies. The preferred format is a digital copy in the "jpg" or "png" format.

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Purpose of the Texas Clown Association

- 1. To promote, preserve, and improve the profession of clowning.
- 2. To provide the opportunity to study the art, history, and philosophy of clowning.
- To educate its members and the general public in the wholesome and clean entertainment that is provided by the profession of clowning.
- 4. To provide news to the members of all clown events in the state of Texas.

CONTENTS

TCA Convention Hello Everyone Don't Be Lost TAG! You're It:	the President - Judy Cornett	9 10 10
How To Avoid	Heat Related Illness - Diana McCurtian-Talbert	20
Thoughts on C	Competition - Aurora Krause	22
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TCA Clown Alleys

Panhandle / West Region Oops Alley - TCA #2

North Central Region

Cowtown Clowns - TCA #9 Happi Tymes Clown Alley - TCA #12 The Clown Arounds - TCA #16

North East Region:

Tejas Klown Club - TCA #1* Texas Mid-Cities Clown Alley - TCA #13 Payasos Latinos de America - TCA #23* Cedar Creek Clowns - TCA #24* Rosy Nose Clown Alley - TCA #25 Memory Makers Clown Alley - TCA #26

South East Region

Space City Clown Alley -TCA #6* Montgomery County Clowns - TCA #11* Cheerful Clown Alley - TCA #14 Coastal Confetti Clowns - TCA #18*

South / Central Region

Jolly Joey Clown Alley - TCA #19 The Clown Alley - TCA #15

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A Word from the President

By Judy "Peep" Cornett

Hello, I hope everyone is doing well and having fun clowning around. Pam Blacklock, Joe Luce, and I were asked to speak to the Houston Chapter of the Healthcare Volunteers. Our topic was Therapeutic Humor. I believe we educated the attendees in how important humor is in healing and coping with illness, stress, and other forms of life challenges. I encourage each of you to learn more about the benefits of Therapeutic Humor. Kathy Keaton introduced me to the Association of Applied Therapeutic Humor and it opened my eyes to a new world. I was unaware just how much research and studies existed or was being done nor did I know just how much proof there was that it really beneficial. Thanks, Kathy, for your support in my discovery.

We have a new TCA Alley. The Alley name is Memory Makers Clown Alley. Their TCA Alley number is 26. Memory Makers is located in Sulphur Springs up in East Texas. They are in the North East Region. I will be presenting their Charter at their monthly meeting on May 13th if anyone wants to attend the presentation.

Our next Board Meeting is going to be on June 22, 2019. The meeting will be in Abilene. If you would like to come to the meeting to see how it works feel free to attend, you are always welcome. If you would like to attend please send me a note and I will be sure to let you how to find the meeting location. If you have something you would like addressed at the meeting, but you are unable to attend, you are welcome to give your information to any of the board members.

I know you are tired of hearing the next piece of info, but Greg can use articles for the Joey Journal. The Feb/Mar issue was light due to lack of articles. If you would like to share something you have been doing locally, please send an article to Greg with pictures, if you have them. If you have a skill you would like to share such as how to build a prop or a balloon or anything else you would like to share he would like to put them in as well. Is your Alley having any special events you would like to share with the members, write it up and send it to Greg. He is always looking for more articles for the Joey Journal. If you would like to submit an article to the Joey Journal please email it to Greg Stanford at greg@joeyjournal.com. The next deadline for submittal is June 1. He also loves to get pictures to include with the article. I look forward to reading your articles.

Bump a Nose.

JUNE 11-AUGUST 10

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PRESENTS THE 2019 35TH ANNUAL



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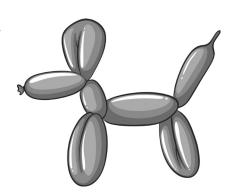
TCA Convention Update by Andy "Smiley" Anderson

Hold on to your clown hats the Back in Time convention is coming soon. Cowtown Clowns are working on another great TCA Convention. We are going to have Angel Ocasio as our headliner plus Tricia Manuel (Pricilla Mooseburger), Aurora Krause (Bebop) and Bruce Chadwick doing lectures. Not to leave anyone out Suzy Wall, John Luce, Steve Roeske, Brennon Spikes and Linda Greene will also be teaching. There will be over 30 classes along with the competitions and other events going on.

The room rate is \$109.00 plus tax per night with a refrigerator and microwave in each room. Go to the TCA web page - hover over the convention drop down then click on lodging for a link to the hotel for reservations. You can also find a tentative schedule and more information about the convention. Keep checking as updates will be posted from time to time.

We are trying something new with the jams. We are going to have a 1 hour balloon class followed by a 1 hour balloon jam in the same room. Plus a 1 hour face painting class followed by a 1 hour face painting jam in the same room. These will be during the day and organized by the instructors.

I'm looking to the future for this great "Goin' Back in Time" convention. Cowtown Clowns will be there and will be looking for all of you.



Hello Everyone....

by Martha "Miss Cookie" Warren

The cowtown board is working hard to make this year's convention another great success! We are looking forward to taking you all "Back in Time" and already planning some exciting fun for you!!!

I will be leading the "Welcoming" committee, and with some help, we will make sure your experience is timeless!

For all of you who have already sent in your registrations, a big thank you. And since we are going back in time, i would appreciate if you would send me a photo when you first started clowning...The scarier the better! Would anyone be able to recognize you? Also send me one of how you look today! For all of you who plan on registering please jump in on the fun,

And do the same...We'll be moving through a time capsule...Let's see how many we can recognize!!!

Please send your photos to my email: martha2cool@sbcglobal.net or send directly to me by mail: martha warren 1507 marshalldale dr, arlington, tx 76013

We are really looking forward to seeing you all!!! There will be more information to come!

Funfully yours....

Don't Be "Lost Back In Time"

by Rhea "Sweet Pea" Anderson, Registration 2019 Convention

How can I be lost "Back in Time" you ask? We're "Goin' Back In Time" for the 2019 TCA Convention. So if your dues aren't current you'll lose touch with what's goin' on since you won't receive the Joey Journal with updated convention info. Dues were due April 1st and if you didn't/don't renew your name will be taken from the Joey Journal mailing list. Remember you must be current with your dues to attend convention. So before you receive your registration packet you will be

sent to the TCA table to pay your dues. Keep that in mind and to speed up the registration process you might want to pay your dues before convention.

Also, registration is \$175.00 from now until June 30th and will go up to \$195.00 from July 1 through convention. Also, registration at the door will be cash only.

Cowtown Clowns are looking forward to seeing you September 25th.

A \$30 charge will be assessed on all returned checks	□ Total \$	Check to: Cowtown Clowns	(S-XXXL)	T-Shirt Size:\$,	Extra Banquet Ticket: \$	Extra Breakfast Ticket: \$	Registration: \$		How Many Years Clowning?	TCA #1st TCA Convention Yes	Email:	
returned checks											tion Yes		

Ft. Worth, Tx. 76106	2540 Meacham Boulevard	ladisson Hotel Fossil Cree
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For reservations go to the TCA webpage for link Room rate \$ 109.00 per room plus tax.

817-625-9911

To book your room contact the hotel

Make your reservation early to ensure you have a room. Tell them you are with the Texas Clown Association.

Cowtown Clowns meet its room block and save money on Please plan to stay at the convention hotel to help the convention meeting space.

Andy Anderson 817-282-3339 For questions contact: kudosra@yahoo.com

Make checks payable and mail registration form to: Cowtown Clowns, 645 Forest Lane, Hurst, Texas 76053



Goin' Back In Time

Name:(Please print)
Clown Name:
Address:
City/State/Zip:
Country:

Cowtown Clown Alley #135
is pleased to host
Texas Clown Association
2019 Convention
With Angel Ocasio
Sept. 25 – Sept. 29, 2019

Registration Fees: \$145.00 – until Dec. 31, 2018 \$160.00 until March 31, 2019 \$175.00 until June 30, 2019 \$195.00 after July 1, 2019

No CHECKS at the door (Cash only)

Cash or check only-NO Credit Cards or Pay Pal

Includes: all workshops, dealer's room, competitions, Hospitality room, breakfast & awards banquet Partial refunds only before September 15, 2019

No refunds after September 15, 2019

Extra Breakfast Ticket: \$30.00 Extra banquet Ticket: \$ \$45.00

T-Shirts: \$15 00

Phone:

2018 Convention DVDs

Discs include all the competitions, the Ringling clown show and awesome Q&A that followed. On the Porch with Leon McBryde and highlights from his performance, along with highlights from the Wet n' Wild class (water & pies). There are also highlights from the theme party, the entire awards banquet and the wonderful Worship service from Sunday. All competitions are chaptered and labeled so you can go straight to your performance or watch 'em all. Over six hours of material on two DVDs.

If you'd like a copy you can mail checks Greg Stanford at 5407 Hooper Dr., Wichita Falls, TX 76306 or send via PayPal to greg@kidminister.org. Please be sure to email me your shipping address if you pay by paypal. The DVD set is \$50 which includes shipping.

Dear Clown Friends,

It seems that 2019 is on a "Fast Track". Was it not just Christmas a few weeks ago? Here we have celebrated Easter and Passover already. How can that be? If the next few months keep up this pace, I will be packing for convention soon. Speaking of convention...

If you haven't registered for TCA Convention 2019, being held in Fort Worth (host alley: Cowtown Clowns), please, do so soon! Don't forget to make your room reservation! Plans are coming together for a great time.

I am requesting a different host alley for each time the Hospitality Room will be open.

hursday am
hursday pm
riday am
riday pm
aturday am

If your Alley would like to host one of those times, please select a first choice and a second choice. (First come, first served.) You may contact me by e-mail: kerrclowns@att.net or text me at 817-602-8142.

Thank you so very much! Bump a Nose, and see you in Ft. Worth as we are "Goin' Back In Time".

Carolyn Kerr

Be sure to check out the TCA website at www.texasclownassociation.com

The members only password is: backntime

Be sure to connect to our official TCA Facebook page from our website and follow us to stay current with what is going on with TCA.

TAG! You're it! By Linda "Greenie" Greene

Greenie the Clown became a clown by raising my hand to volunteer at a mother's group. I can't remember ever wanting to grow up to be a clown. But, with a make-up kit and a one piece jumpsuit for a costume, I thought I was ready to go. I didn't speak at the party, just honked a horn, and gave hand signals. I really have no idea what I did, but I had a great time, and the kids followed me around like the Pied Piper. My own children did not realize I was the clown at the party. My youngest child came home from the party telling me that there was a clown at the party and he wanted a clown at his birthday party. I told him I thought I could arrange that. LOL. From that event I went on to clown for friends and family at birthday parties. A couple of years later I was introduced to Oops Alley Clowns. They took me under their wings and helped me to grow in to a real clown. I loved the way they looked and the funny things they did. They shared all their wonderful clown information with me. I read every clown magazine they loaned to me. Then they introduced me to TCA. Wow, a whole state full of clowns and they all wanted to help me become a real clown

I was amazed to learn that many of those clowns clowned for their

churches and actually shared God's love and creativity to glorify God. Now that was the icing on my clown cake. Little did I know, God was grooming me for his use on mission trips in the USA, Germany and Costa Rico. I had never been on a mission trip before this. A wonderful door had been opened. I was able to use my clowny self to share God's love with people who didn't even speak West Texan. At one point I needed to go to work but didn't have marketable skills. Or so I thought. Through the encouragement of my friend Karla, I decided to do that "clown thing". I couldn't imagine making a career out of it. My friend even ordered business cards for me. And so, Greenie the Clown was in business. TCA and Oops Alley had given me the skills to market myself. The money making part of this adventure did not come at first. I'm sure I was spending everything I was making on clown "stuff". I had to do a lot of other jobs to support my clown addiction. I loved watching the clown skit competitions at TCA. I wanted to get my Alley to find a skit, practice it and perform it at TCA. It was a lot like herding chickens but we did it. The goal was not to win an award, the goal was to make the audience laugh. When we would participate in Paradability, many times people would say they

liked what we did and they wanted to do it in their parades at home. Now that was an award I can't even describe. The practice sessions with the Alley helped us to bring out the best in each other.

A special thanks to my husband Mark Greene! You have been my support from day one of my clowning.With out you my dream to be a REAL CLOWN would never have come true!!

God has given me so many blessings. But the gift of clowning is one of my most favorites. I have seen clowning as a ministry, a healing tool and the most fun career ever. I believe now more than ever, clowns are needed in this not so fun world. I love being a laugh maker and to be in a family of other people who desire to be the best clowns they can be. The TCA is a family I'm proud to be a part of.

TAG, Andy Anderson! You're it!











TCA Scholarship Applicants Needed

Texas Clown Association is excited to offer a scholarship to the 2019 TCA convention in Bedford TX.

Application criteria is listed on the TCA web site. Help us educate the clowns in TX. PLEASE apply or encourage someone in your alley to apply. Send application and letter of recommendation to: Linda Greene 4204 Dawn Cr. Midland Tx. 79707 Or greenietheclown@hotmail.com

NEW DUE DATE FOR APPLICATIONS: JUNE 15, 2019

The scholarship will be announced to the winner on July 1, 2019.

Compete, Improve and Add Value by Suzy Wall

I entered a competition at TCA once and almost withdrew because someone said, "You lead facepainting classes, you shouldn't compete." Greg Stanford told me everyone who wants to compete should or there could someday end up with no competitions, if everyone stops competing.

I think it is a great opportunity to learn about your craft. If it helps you to encourage someone else to step out of their comfort zone and improve what they do for others it's worth the try.

I was encouraged by Greg, who I believe was the competition chairman that year, to get in there and paint. It paid off big for me. I did get a medal and was happy and excited but it gets better. A company called me about doing a face painting gig for their corporate picnic and the guy said he wanted professionals and asked if I could send examples of our work. I said of course do you want it snail mail or email? Do you want to see our basic line work design page, that would probably be used for a large event like his or was he interested in examples of complex designs for smaller groups depending on the number he expected? He wanted to see both because he wanted professional facepainting, someone who knew what they were doing.

I told him we had just returned from Texas Clown Convention and had competed in face painting and that I and Cherry, who would be painting with me at a large event, had both won medals. He said forget the pictures put us on your calendar and where do I send the deposit?

So remember, competition gives you creditably. If you win, use it for sure. If you don't receive a medal remember you have received experience that will make you a better clown. It may be just one person's opinion that might hurt your feelings but children have no filters. If a judge hurts your feelings, a child can mop the floor with you, so you might need the suggestion of the judges. Compete, improve and add value to everything you do.



How to Avoid Heat Related Illness During a Parade by: Diana "Buttons" McCurtain-Talbert

It's that time of year again, summer parades are upon us. It's easy to get excited about an upcoming parade. We find the right prop, we come up with the right bit, and we get the costume to coordinate with our act. Ready, Set, Go.

Well, not quite yet.... We have forgotten one of the most important parts of clowning in a parade. We must think about safety.

When you exercise in hot weather, keep these precautions in mind: According to the American Council on Exercise (ACE), excessive clothing and fat both have the potential for trapping heat in the body and preventing it from escaping. This can lead to an increase in body temperature. Under normal conditions, body temperature will rise about 2-3° F during exercise. Heat injuries can occur when heat loss is compromised. So how does this happen? Heat combined with humidity is a big culprit of compromised heat loss because the large amount of water in the air means that sweat will not readily evaporate. This decreases the efficiency of the body's most effective cooling system. So, knowing that the potential for heat illness exists, here are some tips for preparing for your summer of fun!

• Get ready for the parade by beginning an exercise program in the heat gradually. Acclimatization

typically takes 7 to 10 days so give yourself plenty of time.

- Always wear light-weight, well-ventilated clothing. Wear light-colored clothing if exercising in the sun, as white reflects heat better than other colors. This is hard for clowns because they tend towards heavy costumes and often deep and darker primary colors.
- Never wear non-breathable clothing. It might be worth your while to have costumes made specifically for your parades. Cotton is a good choice for the heat because it readily soaks up sweat and allows for evaporation. It may require more work on your part to keep it looking good, but it is worth the effort.
- If it will work with your costume or prop, use an umbrella so that you can have shade during your march.
- Replace body fluids as they are lost. Your sweat will release heat through the skin, so don't wait until you're thirsty to drink something. More often than not, if you wait until you're thirsty, you are already on your way to becoming dehydrated. This means your body's best cooling system will not work as efficiently as it should. As a general rule, during exercise in heat, 6-8oz every 15-20 minutes is recommended.
- If you are not as acclimated as you should be or if you are not very

fit, a parade could be very intense exercise for you. You might want to consider a sports drink instead of water. Sports drinks can replace the sodium, chloride and potassium you lose through sweating.

- Consider freezing a camelback and putting it between your costume and a thin layer of clothing such as a tank top under the costume. This will provide cooling on your body, as well as provide you with readily available water for hydrating during the parade.
- And finally, understand your medical risks. Certain medical conditions or medications can increase your risk of a heat-related illness. If you plan to do a long parade in the heat, talk to your doctor about precautions.

Symptoms of Heat Related Illness Taken from WebMD

Heat cramp symptoms can include: Severe, sometimes disabling, cramps that typically begin suddenly in the hands, calves, or feet and hard, tense muscles

Heat exhaustion symptoms can include: Fatigue, nausea, headache, excessive thirst, muscle aches and cramps, weakness, confusion or anxiety, drenching sweats, often accompanied by cold, clammy skin, slowed or weakened heartbeat, dizziness, fainting, agitation

Heat exhaustion requires immediate attention.

Heat stroke symptoms can include: Nausea, vomiting, headache, dizziness or vertigo, fatigue, hot, flushed, dry skin, rapid heart rate, decreased sweating, shortness of breath, decreased urination, blood in urine or stool, increased body temperature (104 degrees to 106 degrees F), confusion, delirium, or loss of consciousness, convulsions

Heat stroke can occur suddenly, without any symptoms of heat exhaustion. If a person is experiencing any symptoms of heat exhaustion or heat stroke, GET MEDICAL CARE IMMEDIATELY. Any delay could be fatal.

Seek emergency medical care for anyone who has been in the heat and who has the following symptoms: Confusion, anxiety, or loss of consciousness, very rapid or dramatically slowed heartbeat,

rapid rise in body temperature that reaches 104 degrees to 106 degrees F, either drenching sweats accompanied by cold, clammy skin (which may indicate heat exhaustion) or a marked decrease in sweating accompanied by hot, flushed, dry skin (which may indicate heat stroke), convulsions

I truly hope this will help you as you plan your summer events. If you have any questions about clowning/exercise in the heat, please feel free to contact me, dmccurtain@att.net. KeepSmiling.

Thoughts on Competition by Aurora "Bebop" Krause

There are so many positives to clown competition in general that I'm always disappointed when I hear individuals dismiss it as a total waste of time. There are pros and cons to just about everything we do so take some time to consider the positives in clown competition. Several thoughts come to mind in defense of competition only because I've been a party to this conversation many times. For instance, it's true that competition takes time, effort and sometimes expense but in the right frame of mind the end results can be quite beneficial. I have been both a competitor and a judge for many years. As a judge I enjoy being a part of this educational process. I'm able to share with others from my clowning experiences, as so many have shared with me. As a competitor I continue to learn every time I compete because this is the perfect process where something I've worked on will receive input that will either build my confidence level or assist me on making improvements. Of course, I also enjoy the adrenaline rush that competition offers and also striving to place in the top three, which is icing on the cake.

These are some of my thoughts; as competitors it's important for us to show respect and appreciation for an organization that works hard at putting together clown competition at annual conventions. This is a drawn out and demanding production, to say the least. If we view

this process properly it's an effort to provide us with an opportunity to improve our look and skills as entertainers. As judges we should be honored to make a positive contribution by providing serious and constructive input to those putting forth the efforts to compete. I could elaborate on both of those points. However, in the interest of time and space available I will stay brief and focus on providing future competitors with just a few thoughts and considerations.

- Based on your goals, skills and level of experience decide which competition category (Make-up & Costume, Balloons, Skits, Paradeability, Etc.) will provide you with the best learning experience and educational benefit.
- Read and understand the current competition rules and guidelines in general as well as those for your chosen category. These rules and guidelines are provided by an organization months prior to convention and can play a big part in providing you with positive results you can use.
- It's important to spend time putting together your best competition efforts regardless of category cho-One important goal is to be viewed as a serious competitor deserving of serious and constructive input.
- Always be prepared to review evaluations' score sheets with an open mind and a positive attitude. View all the input you receive from 22

judges as a whole and do not be discouraged by any one specific comment received. Honestly speaking only three out of five judges are likely to provide you with real constructive and beneficial input, but all will provide you with information that deserves review and acknowledgement.

• Since all score sheets must be signed by a judge, be aware that if you have a question regarding a comment provided and are seriously interested in improving in this particular area you can seek out that judge. Most judges will be happy to have a constructive conversation and provide further informa-

tion regarding an entry they made on your score sheet.

When it comes to competition it is up to both competitors and judges to make this process work for everyone by viewing competition as the constructive and positive learning experience that it can be.

I particularly enjoy competing in skit and performance competition. Many times I have made changes to a skit or routine as a result of comments received after having competed with my presentation. Now, do I always agree with the judge's score sheets and comments? The answer would be no, but I always

appreciate their input and acknowledge their point of view.

Competition can certainly be a worthwhile effort, so let's focus on the positives it offers, mainly an opportunity to improve the overall quality of entertainment in our profession, the Art of Clowning.

Send me your comments on this topic; I'd like to hear from you.

Visit bebop at: www.bebopsworld.





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